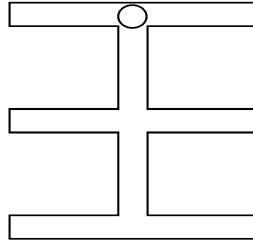


Cheongye Kwan Daehando

Taegeuk Ryuk Jang (Pattern Number six)

Taegeuk Ryuk Jang is the sixth of the 8 Taegeuk Patterns the student learns in Taekwondo. The Pattern has 1 Kihap (SHOUT) on the second turning kick. This pattern is for Red Tag.



Jumbay
Start of the Pattern



1
Look left and do a
Left Low Block in long stance



2
Then do a right leg mid section
front kick but place it back behind



2a
Land in backstance and perform a
single left mid section outwards
outer forearm block



3
Look right and do a
Right Low Block in long stance



4
Then do a left leg mid section front
kick but place it back behind



4a
Land in backstance and perform a
single right mid section outwards
outer forearm block



5
Look left and step back right foot
then step out left foot into short
stance with reverse outer high
section palm heel block



6
Right leg high section turning kick
land leg in front



6a

Then look left and step with left foot into short stance with a left outwards mid section outer forearm block



6b

Then a right reverse mid section punch



7

Then a right mid section front kick



7a

And land with a left reverse mid section punch



8

Then step back right foot into right short stance with a right outwards mid section outer forearm block



8a

Then a left reverse mid section punch



9

Then a left mid section front kick



9a

And land with a right reverse mid section punch



10

Step back left foot and perform a slow spreading block



11

Step out right foot into short stance with reverse outer high section palm heel block



12

Left leg high section turning kick land leg in front (KIHAP)



12a

Step up right leg and rotate right into right leg long stance with right low section block



13

Then do a left leg mid section front kick but place it back behind



13a

Land in backstance and perform a single right mid section outwards outer forearm block



14

Look left and turn into left leg long stance with left low section block



15

Then do a right leg mid section front kick but place it back behind



15a

Land in backstance and perform a single left mid section outwards outer forearm block



16

Look left and step back and out with left leg into left double knifehand block in backstance



17

Step back left leg into right double knifehand block in backstance



18

Step back with right leg into left slow palmheel block in backstance



18a

Then right mid reverse punch



19

Step back with left leg into right slow palmheel block in backstance



19a

Then left mid reverse punch



Jumbay, End of the Pattern

ALWAYS REMEMBER TO HOLD YOUR LAST POSITION UNTIL TOLD TO RETURN TO JUMBAY!

This pattern has:

The meaning of the pattern is:

The Korean representation of the pattern is:

19 Movements

WATER

GAM

The colour of the belt for this pattern is **RED**, which in Taekwondo mythology represents the **DANGER**, to which is the student's knowledge of Taekwondo is reaching. This means that the student now understands the basics of Taekwondo.