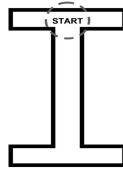


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Cheongye Kwan Daehando

Kibbon Tan Bong Poomse Ee (Basic Handle Pattern number two)



Jumbay

With the sticks on either side, move your left foot into **parallel stance** as you raise the sticks up and out to create triangular shape.



1

Look left and step left foot into left leg **long stance** and perform a mid section outer forearm wedging block.



2

Step up right leg and execute left front leg front kick.



2a

Land and step right leg with a twin inward extended high section handle strikes in **long stance**.



3

Step back right foot and turn 180' right into right leg **long stance** and perform a mid section outer forearm wedging block.



4

Step up left leg and execute right front leg front kick



4a

Land and step left leg with a twin inward extended high section handle strikes in **long stance**.



5

Step back left foot, look left and step left into **short stance** with twin obverse high block and reverse mid section hand strike.



6

Perform a right leg high section turning kick.



6a

Landing in right **short stance** with twin obverse high block and reverse mid section hand strike.



7

Perform a left leg high section turning kick.



7a

Landing in left **short stance** with twin obverse high block and reverse mid section hand strike.



8

Perform a right leg high section turning kick.



8a

Land in sitting stance with a right high section side handle strike to the front. (**KIHAP**)



9

Look left and pivot 180' step left foot into left leg **long stance** and perform a mid section outer forearm wedging block.



10

Step up right leg and execute left front leg front kick.



10a

Land and step right leg with a twin inward extended high section handle strikes in **long stance**.



11

Step back right foot and turn 180' right into right leg **long stance** and perform a mid section outer forearm wedging block.



12

Step up left leg and execute right front leg front kick



12a

Land and step left leg with a twin inward extended high section handle strikes in **long stance**.



13

Step back left foot, look left and step left into **short stance** with twin obverse high block and reverse mid section hand strike.



14

Perform a right leg high section turning kick.



14a

Landing in right **short stance** with twin obverse high block and reverse mid section hand strike.



15

Perform a left leg high section turning kick.



15a

Landing in left **short stance** with twin obverse high block and reverse mid section hand strike.



16

Perform a right leg high section turning kick.



16a

Land in sitting stance with a right high section side handle strike to the front. (**KIHAP**)



17

Look left and pivot 180' step left foot into left leg **long stance** and perform a mid section outer forearm wedging block.



18

Step up right leg and execute left front leg front kick.



18a

Land and step right leg with a twin inward extended high section handle strikes in **long stance**.



19

Step back right foot and turn 180' right into right leg **long stance** and perform a mid section outer forearm wedging block.



20

Step up left leg and execute left front leg front kick.



20a

Land and step left leg with a twin inward extended high section handle strikes in **long stance**.



Baro

Look left, turn 90' left and step left foot back into **parallel stance**.

ALWAYS REMEMBER TO HOLD YOUR LAST POSITION UNTIL TOLD TO RETURN TO JUMBAY!

Movements:	20
Attackers:	8
Kihaps:	2

Representation: **Pyonghwa** 평화

Definition: **Peace**